

Save The Date: November 10, 2022

2022 Caregiver Summit :

Caregiver Wellness - Mind, Body, Spirit

In Person or Online

Sponsored By:
WellMed Charitable Foundation
and AACOG-Area Agency on
Aging

Family Caregivers and
Professionals are invited to
join us at this exciting event at
no cost!



**Margaret S. Chisolm,
MD, FAMEE, FACP, FAAP**

*Author of From Survive to
Thrive: Living Your Best Life
with Mental Illness*



**Jamie Huysman,
PsyD, LCSW**

*Author of Take Your
Oxygen First*

- ▶ Thursday, November 10, 2022
- ▶ Time: 10:00 am - 1:00 pm CT
- ▶ Summit accessible by:
 - ❖ Smart Device (phone, computer, tablet)
 - ❖ Call-in only
 - ❖ In-person locations: Please check website for locations

- ▶ CEU's available
- ▶ No cost for the event
- ▶ Registration: 866-390-6491 or scan QR Code attached

Spanish Language Caregiver Summit: November 17, 2022. For Assistance Call: 866-390-6491

CAREGIVER SOS



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Alamo Area Council
of Governments

