

# United Way Miami Guide to Services

## QUICK GUIDE



*Following a challenging year, our community is still facing uncertainty. There are new struggles, but the old challenges remain. There is still a need for financial assistance, food and basic necessities. But we're here to help. We continue uniting individuals, employers, nonprofits, labor organizations and government agencies to build a stronger Miami. We are able to offer many free, innovative programs and services right here in our community. From expert, free tax preparation to discounts on prescription medication, the programs in this guide are available to you and those you love most.*

[unitedwaymiami.org](https://unitedwaymiami.org)  
#StrongerMiami

The Ansin Building  
3250 Southwest Third Avenue  
Miami, FL 33129-2712  
(305) 646-7000



*Building a stronger Miami,  
together*



## Need help? Dial 2-1-1 Miami

Looking for crisis intervention or assistance with finding help with basic needs? This free helpline is available 24 hours a day, 7 days a week in multiple languages. 211 Miami, a program of Jewish Community Services, is the number to call. Trained staff and volunteers provide confidential information, referral services and crisis counseling.



**211 Miami, a program of  
Jewish Community Services  
of South Florida, Inc.**



**Miami-Dade  
County**  
Support, education & advocacy  
for persons living with mental  
illness and their families.

**For more information on NAMI, call  
(305) 665-2540 or visit [NAMIMiami.org](http://NAMIMiami.org)**

## Mental Health - early detection and family support are key

If you, a family member, or friend are struggling with mental health issues, either personal or family related, the Miami-Dade Affiliate of the National Alliance on Mental Illness (NAMI Miami-Dade) can help. You can also access the COVID-19 Mental Health Guide and Online Support Groups by calling (305) 665-2540 or visiting [NAMIMiami.org](http://NAMIMiami.org)

## Reduce debt and stress, while increasing your credit score and savings

At the United Way Center for Financial Stability, we have been offering a full menu of financial capability services, financial coaching and tax preparation help for more than 10 years. We are prepared to support families in times of crisis. Contact us for an appointment or services at one of our CFS locations across Miami-Dade County. [miamifinancialstability.org](http://miamifinancialstability.org)

## Expert tax prep. It's free.

File your taxes with Miami Tax Pros, a professional, IRS-certified tax preparer through the Volunteer Income Tax Assistance (VITA) program and keep more of your money. You may qualify for expert, free tax preparation and may even be eligible for tax benefits such as the Earned Income Tax Credit and the Child Tax Credit. United Way partners with Miami Tax Pros VITA coalition to offer multiple locations around Miami-Dade County where you can receive services. To schedule an appointment visit [miamitaxpros.com](http://miamitaxpros.com) **Claim what's yours.**



## United Way Center for Financial Stability

**For more information, call (305) 646-7171  
or visit [miamifinancialstability.org](http://miamifinancialstability.org)**





## Get the lowest price on your prescriptions

SingleCare makes it easy to save money on prescription charges, when it's needed most. The free card is safe to use and accepted at most pharmacies, including CVS, Publix, and Walgreens, and secures discounts on FDA-approved prescription medications whether one is insured or uninsured. It's free! Just show your card to the pharmacist and save. To learn more about the savings SingleCare offers, download the free SingleCare mobile app. [unitedwaymiami.org/singlecare](http://unitedwaymiami.org/singlecare)



## Empowering parents and families

Find empowering parental resources that provide motivational support, information and trainings to successfully navigate the systems that impact your lives and the lives of your children at United Way EDEN Place (Educate. Develop. Empower. Nurture.). Free services including parent programs, educational workshops, employment skills training and financial literacy workshops are offered at EDEN Place. Open to all in our community! Contact them today to find out what's available. [unitedwaymiami.org/eden](http://unitedwaymiami.org/eden)

### United Way EDEN Place

For more information on EDEN Place and its locations, visit [unitedwaymiami.org/eden](http://unitedwaymiami.org/eden)



## Free services for veterans

The current crisis presented even more challenges for veterans. We're here to help you navigate this rocky landscape. Connect with us for job training and placement opportunities, housing and financial support, legal resources and food assistance. United Way MISSION UNITED helps ease the transition to civilian life with a network of support that veterans need, at no cost.

Email [missionunited@unitedwaymiami.org](mailto:missionunited@unitedwaymiami.org) or call (305) 646-7130.

***Proudly Serving those who have Served***

### United Way MISSION UNITED

For more information on MISSION UNITED call (305) 646-7130 or visit [missionunitedmiami.org](http://missionunitedmiami.org)

