

## Wellness Support Groups

### MONDAY

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**11am**- Peer Support  
Group- Zoom ID#:  
816 481 1040

**7pm**- Young Adult Peer  
Support Group-  
Call (305) 665-2540  
for Password

### TUESDAY

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**7pm**- Family Support  
Group- Zoom ID#:  
816 481 1040

### WEDNESDAY

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**7pm**- Peer Support  
Group- Zoom ID#:  
816 481 1040

**7pm**- Parents of Youth  
Family Support Group-  
Zoom ID#:  
857 937 0954

### THURSDAY

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**7pm**- SPANISH Family  
Support Group- Zoom  
id#: 816 481 1040

### FRIDAY

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**7PM**- Spanish Peer  
Support Group- Zoom  
ID#: 816 481 1040

**Occurs Every 1st & 3rd  
Friday of the Month**

### SATURDAY

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**10am**- Parents of Youth  
Family Support Group-  
Zoom ID#:  
857 937 0954

**1pm**- Peer Support  
Group- Zoom ID#:  
816 481 1040

To Join Meeting Go to: [Zoom.us/join](https://zoom.us/join) or Call 312-626-6799  
and Enter Meeting ID listed above